



INDIAN PSYCHIATRIC SOCIETY TAMIL NADU CHAPTER **NEWSLETTER**

ISSUE 4 – JULY 2024

Message from the President



Dear Esteemed Members,

I am happy to connect with you all through this newsletter. On July 8th, 2023, I assumed charge as the president of TN-IPS. My tenure as president is now coming to an end. I am pleased to share that I have fulfilled most of my action plan for the year 2023-2024.

First and foremost, my priority was to connect with our members. I visited many local branches such as Thanjavur, Coimbatore, Trichy, Salem, and Madurai to meet our members personally. Through this quarterly TN-IPS newsletter, the regular monthly Enrich program, the RCBC program, and the TN-IPS fitness club, I was able to connect with our members effectively.

I extend my heartfelt gratitude to all members for making our dream project of the TN-IPS house a reality. Beyond serving as our office, I envision this house as a coordinating center for the TN IPS employment exchange cell.

Thank you to all the members of TN-IPS for providing me with the opportunity to serve our TN-IPS society.

Long live TN-IPS.

Warm regards,

Dr. C. Panneer Selvan

President, TN-IPS



INDIAN PSYCHIATRIC SOCIETY TAMIL NADU CHAPTER **NEWSLETTER**

JULY 2024

Message from the Editorial Desk

Greetings once again from the TN IPS Newsletter Committee!

We're excited to present you with the **fourth edition** of the TN-IPS newsletter. Since our launch, your positive feedback and engagement have been truly inspiring. It fuels our commitment to continuously improve and provide valuable information for our esteemed members. On behalf of the TN-IPS Newsletter Committee, we express our deepest gratitude to President Dr. C.Panneer Selvan and the entire cabinet for their dedicated leadership.

This issue dives deep into the exciting developments within the TN-IPS community. You'll find updates on RCBC programs, Enrich webinar series, The TN-IPS Fitness initiative, Thriving member-led activities across the state and the TN-IPS House.

Remember, this newsletter is a bridge that connects us all. We encourage you to actively participate by sharing your insights and success stories. Your contributions are instrumental in shaping future editions that best serve our collective needs.

We extend our sincere gratitude for your continued support. The TN-IPS Newsletter Committee remains dedicated to keeping you informed about the vibrant work happening within our esteemed association.

Sincerely,
The TN-IPS Newsletter Committee



Dr. S. Aswath Babu
Operational Editor
(9003500266)



Dr. E. Sivabalan
(9962017274)



Dr. M. Ajoy
(8015974390)



Dr. S. Shankar
(8807286440)



INDIAN PSYCHIATRIC SOCIETY TAMIL NADU CHAPTER NEWSLETTER

JULY 2024

TN-IPS Office Bearers

President



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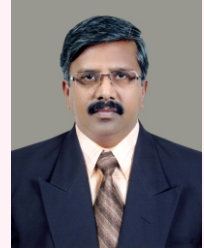
Honorary Editor



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Executive Committee Members



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(9443355726)



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INDIAN PSYCHIATRIC SOCIETY TAMIL NADU CHAPTER NEWSLETTER

JULY 2024

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Dr. N. Balasubramani (9952285540)
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INDIAN PSYCHIATRIC SOCIETY TAMIL NADU CHAPTER NEWSLETTER

JULY 2024

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Dr. Arvind Rengarajan (9944618595)
Dr. M. Prabavarani (9486849157)
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Dr. M. Sree Prathap (9884720234)
Dr. Balaji (KMC) (9597726111)

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Dr. Babu (9489900900)

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Dr. K. Radhakrishnan (9443355726)

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Dr. Shiva prakash srinivasan (9380055736)
Dr. Pavithra Arunachaleeswaran (9840733338)
Dr. Usha Nandhini (9489871613)



INDIAN PSYCHIATRIC SOCIETY TAMIL NADU CHAPTER NEWSLETTER

JULY 2024

Events & Activities

TN-IPS PG CME 2024



The Indian Psychiatric Society Tamilnadu Chapter Postgraduates CME – 2024, held at Pudukkottai on 27th and 28th of April 2024. The theme of the event was “Nurturing Prowess: Guidance to Clinical competency in Psychiatry”. The CME covered various relevant topics for the postgraduates. The event was well organized by the Pudukkottai District Psychiatry Association (PDPA).

Special mention to Organizing Chairman Dr. K. Zaman, Organizing Secretary Dr. Karthik Deivanayagam and the entire team for organizing a wonderful event.




INDIAN PSYCHIATRIC SOCIETY TAMIL NADU CHAPTER NEWSLETTER

JULY 2024

ENRICH Webinar

The ENRICH Webinar series continues to be a resounding success! Launched to empower our young psychiatrists, these webinars have fostered a thriving community dedicated to learning and collaboration.

Held on the second Tuesday of each month, these webinars have provided a valuable platform for knowledge sharing, mentorship and networking among the members.

**INDIAN PSYCHIATRIC SOCIETY**
TAMIL NADU CHAPTER
Enrich Webinar

IPS TAMILNADU CHAPTER

Dr. C. Panneer Selvan President	Dr. T. Siva Ilango Secretary	Dr. S. Sivasailam Treasurer
Dr. R. Sabrin Ross Vice President	Dr. R. Arul Saravanan Editor	Dr. C. Sadhanand TN Representative to IPS SZ

Chairperson:
Dr. M.V. Preethi
Consultant Psychiatrist
Dr. Preethi's Child Guidance Centre and Hospital


Moderator:
Dr. Vijaya Raghavan
Head (Research), Department of Youth Mental Health at SCARF

Topic 1: "An integrated system of care: Building Youth mental health in India"
Dr. Shiva Prakash Srinivasan
Head (Clinical services and Training), Department of Youth Mental Health at SCARF

Topic 2: "SCARF's experience with youth mental health"
Dr. Pavithra Arunachaleswaran
Consultant Psychiatrist, Department of Youth Mental Health at SCARF


SCIENTIFIC COMMITTEE

Dr. P.P. Kannan	Dr. Vikas Menon	Dr. E. Sivabalan
Dr. S.A. Noorul Hasan	Dr. V. Abirami	Dr. P. Arulvarman

09  08.00 Pm to 09.00 pm

Zoom Meeting ID: 663 481 0255

Passcode: eastwest

**INDIAN PSYCHIATRIC SOCIETY**
TAMIL NADU CHAPTER
Enrich Webinar

IPS TAMILNADU CHAPTER

Dr. C. Panneer Selvan President	Dr. T. Siva Ilango Secretary	Dr. S. Sivasailam Treasurer
Dr. R. Sabrin Ross Vice President	Dr. R. Arul Saravanan Editor	Dr. C. Sadhanand TN Representative to IPS SZ

Chairperson:
Dr. S. Neelakandan M.D. (Psy), D.C.H.
Associate Professor of Psychiatry
Govt. Thanjavur Medical College.

Dr. Sivabalan Elangovan M.D.,
Professor and Head Department of Psychiatry
Sri Lalithambigai Medical College Hospital Madhavoyal, Chennai


Topic : "Schizophrenia patient and family perspective"

Dr. Shyam Sundar K M.D., PDF (Addiction medicine)
Assistant Professor, Department of Psychiatry,
Saveetha Medical College and Hospital, Chennai

Topic : "Art of Choosing an Anti-craving agent (For Alcohol dependence)"

SCIENTIFIC COMMITTEE

Dr. P.P. Kannan	Dr. Vikas Menon	Dr. E. Sivabalan
Dr. S.A. Noorul Hasan	Dr. V. Abirami	Dr. P. Arulvarman

14  08.00 Pm to 09.00 pm

Zoom Meeting ID: 663 481 0255

Passcode: eastwest

**INDIAN PSYCHIATRIC SOCIETY**
TAMIL NADU CHAPTER
Enrich Webinar

IPS TAMILNADU CHAPTER

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Dr. R. Sabrin Ross Vice President	Dr. R. Arul Saravanan Editor	Dr. C. Sadhanand TN Representative to IPS SZ

Chairperson:
Dr. C. Ramasubramanian
MBBS, DPM, MD, PhD – Psychiatry
Director, Senior Consultant Psychiatrist
Ahana Hospitals Madurai.

Moderator:
Dr. Vikas Menon
MD, DNB.,
Professor, Department of Psychiatry
JIPMER, Puducherry.

Topic 1: Employment Exchange Cell - The Evolution
Dr. Siva Ilango T
Prof and HOD, Karpaga Vinayaga Institute of Medical Sciences,
Maduranthakam

Topic 2: Empowering individuals through Employment - Path to Recovery
Dr. Vijayaraghavan
Head (Research), Department of Youth Mental Health,
SCARF, Chennai

SCIENTIFIC COMMITTEE

Dr. P.P. Kannan	Dr. Vikas Menon	Dr. E. Sivabalan
Dr. S.A. Noorul Hasan	Dr. V. Abirami	Dr. P. Arulvarman

11  08.00 Pm to 09.00 pm

Zoom Meeting ID: 663 481 0255

Passcode: eastwest

Scientific committee



Dr. P. P. Kannan
(9444057273)



Dr. Vikas Menon
(9894410296)



Dr. E. Sivabalan
(9962017274)



Dr. Arulvarman
(6383791418)



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(9894872425)



Dr. Noorul Hasan
(9600501653)



INDIAN PSYCHIATRIC SOCIETY TAMIL NADU CHAPTER NEWSLETTER

JULY 2024

TN – IPS RCBC Programme

The Research Capacity Building Committee (RCBC) is proud to announce the phenomenal success of our monthly webinar series!

Consistently held on the fourth Saturday of each month, these webinars have become an invaluable resource for postgraduate students and young psychiatrists across Tamil Nadu. The overwhelming positive response from participants is a testament to the program's effectiveness. The RCBC webinars are actively building a powerhouse of research capacity in Tamil Nadu.

**INDIAN PSYCHIATRIC SOCIETY**
TAMIL NADU CHAPTER
RESEARCH CAPACITY BUILDING COMMITTEE (RCBC)
STATEWIDE JOURNAL CLUB AND LECTURE SERIES
18 May 2024 - Saturday 2.30 pm - 4.30 pm


TIME:	ACTIVITY:	RESOURCE PERSONS:
2.30-2.35PM	Setting up the meeting Introduction of the speaker:	Dr. Bevin S
2.45-3.40PM	Journal presentation and discussion: Dr. Sajja Sai Kumar Final year PG Chettinad medical College, Chennai	Moderators: Dr. Vanishree, IMH Dr. Aravindh Chettinad Medical College
3.40-4.10PM	Lecture Topic : Advances in stimulus standards in ECT	Speaker: Dr. Prashanth Mayur Associate Professor, University of Sydney.
4.10-4.15PM	Winding up & vote of thanks	Dr. Noorul Hasan

**Dr. Prashanth Mayur**
MBBS, DPM, DNB psych, FRANZCP, PhD
Associate Professor, University of Sydney.


IPS-TN Chapter - Office Bearers
Dr. C. Panneer Selvan Dr. R. Sabrin Ross Dr. T. Siva Ilango
Dr. S. Sivasailam Dr. R. Arul Saravanan Dr. C. Sadhanand

IPS-TN Chapter - RCBC Committee
Dr. S. Neelakandan Dr. G. Ramanujam Dr. S. Arumuganathan
Dr. Vijaya Raghavan Dr. S. Bevin Dr. G. Vani Shree Dr. S. A. Noorul Hasan

Zoom Meeting ID: 663 481 0255
Passcode: eastwest

**INDIAN PSYCHIATRIC SOCIETY**
TAMIL NADU CHAPTER
RESEARCH CAPACITY BUILDING COMMITTEE (RCBC)
STATEWIDE JOURNAL CLUB AND LECTURE SERIES
JUNE 29th 2024 - Saturday 2.30 - 4.30 pm

TIME:	ACTIVITY:	RESOURCE PERSONS:
2.30-2.35PM	Setting up the meeting Introduction of the speaker	Dr. S. Bevin, IMH
2.45-3.40PM	Journal presentation & discussion Dr. Raga Ramya Dr. Albert PGs from IMH Chennai	Moderator: Dr. Vanishree, IMH, MMC
3.40-4.10PM	Topic : Naturalistic course & Treatment outcomes in OCD	Speaker: Dr. Srinivas Balachander, Assistant Professor, Department of Psychiatry, NIMHANS, Bangalore.
4.10-4.15PM	Winding up & vote of thanks	Dr. Noorul Hasan

**Dr. Srinivas Balachander,**
Assistant Professor, Department of Psychiatry,
NIMHANS, Bangalore.

IPS-TN Chapter - Office Bearers
Dr. C. Panneer Selvan Dr. R. Sabrin Ross Dr. T. Siva Ilango
Dr. S. Sivasailam Dr. R. Arul Saravanan Dr. C. Sadhanand

IPS-TN Chapter - RCBC Committee
Dr. S. Neelakandan Dr. G. Ramanujam Dr. S. Arumuganathan
Dr. Vijaya Raghavan Dr. S. Bevin Dr. G. Vani Shree Dr. S. A. Noorul Hasan

Zoom Meeting ID: 663 481 0255
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RCBC Committee



Dr. S. Neelakandan
(9840109347)



Dr. G. Ramanujam
(9443321004)



Dr. N. Balasubramani
(9952285540)



Dr. Vijaya Raghavan
(9043705687)



Dr. S. Bevin
(988460705)



Dr. Vanisree
(840146727)



INDIAN PSYCHIATRIC SOCIETY TAMIL NADU CHAPTER NEWSLETTER

JULY 2024

ACTIVITIES



Dr. C. Panneer Selvan addressing the audience during World elder abuse awareness program



Drug abuse awareness program conducted by the Department of Psychiatry, Tirunelveli medical College



Dr. Sivasailam, at an awareness program on the occasion of International day against drug abuse.



Autism awareness month event conducted by Department of Psychiatry, Government Thoothukudi Medical College.



INDIAN PSYCHIATRIC SOCIETY TAMIL NADU CHAPTER NEWSLETTER

JULY 2024



Marathon - Run for mind, jointly organised by Kongunadu Mananala arakattalai and the TN-IPS



"Let's work for work.. For our patients", CME conducted by TN-IPS at Institute of Mental Health, Chennai on the occasion of Inauguration of TN-IPS EMPLOYMENT EXCHANGE CELL



TN-IPS Spirituality & Yoga committee conducting awareness program on International Yoga day at Madurai.



Dr. Jaikumar Velayudham addressing the students and faculty on the topic "Neuroscience of Learning" at Bishop Heber College, Trichy.



INDIAN PSYCHIATRIC SOCIETY TAMIL NADU CHAPTER NEWSLETTER

JULY 2024

ANNOUNCEMENTS

TN-IPS HOUSE

History is Made! We Have a New Home!



The Grand Opening Ceremony of our TN-IPS House successfully conducted on 07.07.2024. This event marks a historic milestone in the history of TN-IPS. Unlike typical instances where pharmaceutical companies fund such ventures, our building, its interior work, and this inaugural event are entirely funded by our members' contributions. Zero contribution from pharma companies. This achievement is truly a testament to our unity and commitment.

TN-IPS Building Committee



Dr. S. Sivasailam
(9443128903)



Dr. J. Babu
Balasingh
(9842475565)



Dr. N. Arun
Kumar
(9944964102)



Dr. P.P. Kannan
(8248260624)



Dr.
K. Radhakrishnan
(9443355726)



Dr. M. Sree
Prathap
(9884720234)



Dr. Balaji(KMC)
9597726111



INDIAN PSYCHIATRIC SOCIETY TAMIL NADU CHAPTER NEWSLETTER

JULY 2024

Community Awareness Program Appreciation Certificate

The special initiative of our Honorable President Dr. C. Panneer Selvan, நமக்கான மனநல மருத்துவர் திட்டம் an important milestone for strengthening the community outreach services and also recognizing Young Psychiatrists for the outstanding efforts in raising awareness on Mental Health, improving Mental Health Literacy and making a positive impact on our community and also for the innovative approaches that have been instrumental in enhancing the Mental Health Service Delivery by 'reaching the unreached'. Namakkaana Mananala Maruththuvar Appreciation is an honor for the Association and our MH Profession as it will boost the sense of belonging and ownership among the TN-IPS members, reduce the gap between the service provider and seeker. It is an important step in expanding the reach of our Association to young Psychiatrists and beyond.



Dr.K. Sathyamoorthy, Dr. K. Radhakrishnan, Dr. S. Mohan Raj, Dr. Pavithra Mony, Dr. Vidhu Prabha and Dr. Abirami were honoured and issues Certificate of Appreciation for their active Participation in the Community awareness activities.



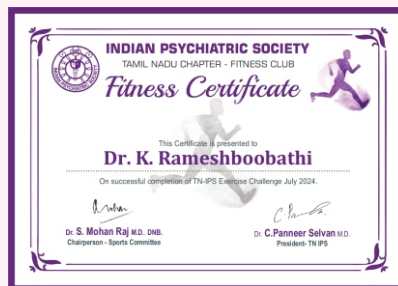
INDIAN PSYCHIATRIC SOCIETY TAMIL NADU CHAPTER NEWSLETTER

JULY 2024

Sports & Fitness Committee

The TN-IPS Sports & Fitness Committee is proud to announce the successful issuance of appreciation certificates to our members who actively participated in recent fitness activities.

We are committed to promoting a healthy and active lifestyle among our members, and we deeply appreciate the dedication and enthusiasm shown by these individuals. Their commitment serves as an inspiration to others and contributes to a positive and well-rounded IPS community in Tamil Nadu.



Congratulations to all the active participants!

We encourage all TN-IPS members to continue their pursuit of physical well-being and participate in future fitness initiatives organized by the committee.

TN-IPS Sports & Fitness Committee



Dr. S. Mohan Raj
(9381014306)



Dr. S. Sudhakar
(9884467411)



Dr. R. Dinesh Kumar
(9840312582)



INDIAN PSYCHIATRIC SOCIETY TAMIL NADU CHAPTER **NEWSLETTER**

JULY 2024

Announcement for Submission of Articles to the Indian Journal of Mental Health and Neurosciences (IJMHNS)

The editor of the Indian Journal of Mental Health and Neurosciences (IJMHNS) invites submissions of original research articles, review articles, and case reports for publication in the upcoming issue.

Submission Guidelines

- Articles should be submitted electronically through the IJMHS website [refer to IJMHS website for submission instructions].
- Articles must adhere to the journal's author guidelines, available on the IJMHS website.
- You can find more information about the journal, including its aims and scope, on the IJMHS website <http://www.ijmhns.com/>.

We encourage researchers working in all fields of mental health to submit their work for consideration.

Journal Committee



Dr. R. Arul
Saravanan
(9500116003)



Dr. J. Jaya
Prakash
(9443011234)



Dr. Jayakumar
Menon
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Dr. O. T. Sabari
Sridhar
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Dr. Sharon
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Dr. S. Aswath Babu
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INDIAN PSYCHIATRIC SOCIETY TAMIL NADU CHAPTER **NEWSLETTER**

JULY 2024

UPCOMING EVENTS

TANPSYCON 2024 to be held at Coimbatore on July 2024.

TANPSYCON 2024
NEW FRONTIERS OF PSYCHIATRY

39th Annual Conference of
Indian Psychiatric Society
Tamilnadu - Chapter

JULY 27th 28th 2024

Hosted by
TN IPS-KONGUNADU BRANCH
Coimbatore

Venue :
Jenneys Residency, Coimbatore

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with **National Presence**

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Pharmaceutical Companies in India



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12 Therapeutic Segments

ISO 9001:2015, WHO GMP
Certified Manufacturing Facility

Several brands ranked within the **TOP 30**
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Significant Presence in **Dermatology,**
Diabetology, Cardiology, Neuropsychiatry,
Orthopaedic, Gynaecology and allied segments

EL-COGNI

L- Carnosine 200 ml
Syrup

Clopam

Clonazepam 0.25 mg (**ODT**) /
0.5 mg (**ODT**) / 1 mg / 2 mg
Tablets

Olpin/Ridon

Olanzapine 2.5 mg / 5 mg / 10 mg / 20 mg
Risperidone 0.5 mg / 1 mg / 2 mg / 3mg / 4 mg
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